



Family Behavior Expectations

- I will treat each athlete, coach, official, family member, and administrator with dignity, based on the **YMCA values of caring, honesty, respect, and responsibility.**
- I will treat other players, coaches, fans, and officials with care and respect **regardless** of their race, gender, gender identity, sexuality, class, religion, language, age, nation of origin, veteran status, and/or ability.
- I will **assist and support** game officials and YMCA staff in every way and uphold their authority, even if I disagree with their decision.
- I will **encourage good sportsmanship** by demonstrating positive support for all players, coaches, and officials at every game and practice and demonstrate good sportsmanship myself.
- I will place the **emotional and physical needs** of my child **ahead** of my personal desire to win.
- I will be the **model of character** for my child and all other kids who see me.
- I will make sure I get my child to practice and games on time **and ready** to participate. I will notify my coach in advance if I cannot attend.
- I will insist that my child play in a **safe and healthy environment.**
- I will **communicate directly** with my coach in a respectful and productive manner.
- I will **avoid confrontations** with my coach – especially in front of others.
- I will always assume that my coach has my child's **best interests** in mind.
- I will **support** coaches and officials working with my child, to encourage a positive and enjoyable experience for all.
- I will demand a youth sports environment for my child that is **free** from drugs, tobacco, and alcohol and will refrain from their use at all youth sports events.
- I will **stay on site** to support my child at practices and games.
- I will remember that **the game is for kids** – not adults.
- I will do my best to make youth sports **fun** for my child.



Athlete Behavior Expectations

- I will **treat** each athlete, coach, official, family member, and administrator with dignity, based on the **YMCA values of caring, honesty, respect, and responsibility.**
- I will uphold the authority of officials who are assigned to the contests in which I am participating, and I will assist them in every way to conduct fair and impartial competitive contests.
- I will **encourage good sportsmanship** from fellow players, coaches, officials, and family members at every game and practice by demonstrating good sportsmanship myself.
- I will be **on-time** for every practice and game and will notify my coach in advance if I cannot attend.
- I will do my best to **listen and learn** from my coaches.
- I will do my best to **have fun** and let my family or coaches know if I am not.
- I will **not use** drugs, tobacco, or alcohol.
- I will encourage my family to **be involved** with my team in some capacity because it's important to me.
- I will do my best **in school.**
- I will remember that sports are an opportunity to **learn and have fun.**
- I will work hard on **fundamentals** and be a student of the game.
- I will follow all rules, including rules modified for my age group.
- I will learn from my mistakes and will always **try again.**
- I will **be kind** to my teammates no matter who they are.
- I will try **my best** all the time.