



LES MILLS MONSTER BASH

LES MILLS
BODYPUMP

OCTOBER 24 @ 5:30PM | PLUM ST

LES MILLS
BODYFLOW

OCTOBER 24 @ 9AM | PLUM ST

LES MILLS
BODYSTEP

OCTOBER 25 @ 5:30PM | PLUM ST

LES MILLS
BODYATTACK

OCTOBER 25 @ 12PM | PLUM ST

LES MILLS
BODYPUMP

OCTOBER 29 @ 8:45AM | BRIGGS

Join us for a SPOOKY Les Mills launch party! All are invited to come dressed in their costumes for a chance to win prizes, plus enjoy themed snacks and a raffle!

Find a class and learn more on our website by scanning the QR code.

