

# Individual Care Plan for Child in Child Care

*Plan must be updated annually or when there is a change in the child's special need*

|   |              |
|---|--------------|
| Child's Full Name   | Today's Date |
| <b>CONTACT INFORMATION</b>  |              |
| Parent's/Guardian's Name  | Telephone    |
| Parent's/Guardian's Name  | Telephone    |
| Primary Health Care Provider  | Telephone    |
| Specialist (if applicable)  | Telephone    |
| Specialist (if applicable)  | Telephone    |
| <b>CHILD'S SPECIAL NEEDS</b>  |              |
| Diagnosis, if known:  |              |
| Known symptoms and triggers:  |              |
| Describe activity, behavioral, or environmental modifications that are needed for the child:  |              |
| Allergies (other than food allergy):  |              |
| For food allergies or special dietary needs due to a health condition - must obtain written instructions from child's health care provider (use page 3 of this form or health care provider's form) |              |
| <b>MEDICATIONS</b> <i>(Medication Authorization Form must be completed for each medication.)</i>  |              |
| List medication to be given at <b>scheduled times</b> , and how medication is to be given.  |              |
| List medication to be given during an <b>emergency</b> , and how medication is to be given.   |              |
| Describe symptoms that would trigger emergency medication.  |              |

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## EMERGENCY RESPONSE PLAN

List the steps and procedures the early learning provider should perform during an emergency related to your child's special need.

## SUGGESTED TRAINING FOR STAFF

List suggested special skills training/education for the early learning program staff.

## SUPPORTING DOCUMENTATION

Please attach supporting documentation to this Individual Care Plan, including any existing individual educational plan (IEP), individual health plan (IHP), 504 plan, or individualized family service plan (IFSP). WAC 110-300-0300 requires an early learning provider to have supporting documentation of the child's special needs provided by the child's licensed or certified:

- (i) Physician or physician's assistant
- (ii) Mental health professional
- (iii) Educational professional
- (iv) Social worker with a bachelor's degree or higher with a specialization in the individual child's needs; or
- (v) Registered nurse or advanced registered nurse practitioner.

## SIGNATURES

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Early Learning Provider Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Health Care Provider Signature  
(recommended)

\_\_\_\_\_  
Date

**This section to be completed by child's parent or guardian, if applicable:**

*I hereby give permission for \_\_\_\_\_ to provide  
(name of visiting health professional or specialist)  
services to my child at this early learning program.*

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

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### FOOD ALLERGY and/or SPECIAL DIETARY REQUIREMENTS

This page must be completed and signed by the child's health care provider and parent or guardian.

|   |                                |               |
|---|--------------------------------|---------------|
| Child's Full Name:  |                                | Today's Date: |
| Food the child must not consume<br>(list each food separately)  | Appropriate substitute food(s) |               |
|   |                                |               |
|   |                                |               |
|   |                                |               |
|   |                                |               |
| Describe allergic reactions and symptoms associated with this child's particular allergies.   |                                |               |
| Describe the treatment plan for the early learning provider to follow in response to child's allergic reaction (include names of medication, dosage amount, and directions for how to administer medication). |                                |               |
| Other special dietary requirements due to a health condition.   |                                |               |

\_\_\_\_\_  
Health Care Provider Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date