YOUTH SPORTS FAQS:

How do I register for a Youth Sports Program?
You can register at southsoundymca.org or in person at either of the South Sound YMCA branches. Sign up early to ensure spots are available.

Where do I find my child's practice schedule?
You will be contacted with your child’s practice information no later than 2 weeks prior to the start of the season. Our goal is to get this information out to families as soon as possible. If you are still unsure of your practice schedule after this time frame please contact the YMCA at 360-753-6576.

Will I get my buddy/coach/time preferences that I put down when I registered?
We will do our best to accommodate special requests. Due to coaching schedules and facility availability given to us from local school districts, we cannot always honor all preferences.

When is the registration deadline? Can I register my child after the Deadline?
Check the seasonal flyer or the online registration page for the registration deadline. Participants may register after the deadline, however, a $10 late fee will be applied and there is no guarantee of team placement. If space is available, participants will be added to a team; if all teams are full, participants will be put on a waitlist.

Does the waitlist guarantee my child a spot on a team?
Unfortunately, no it does not. We can only have a team if there is a coach for that team and enough players to field a team. If you are concerned about your child not having a coach, volunteer! We would love to have you and your neighborhood friends come on board with us.

When are game schedules distributed?
Game schedules will be distributed to coaches a week prior to the 1st game of the season. Games are typically held at local Public schools or at the Briggs YMCA Gymnasium.

My child has been placed on a waitlist. When will I hear back about if there us space open?
We will contact you if a space opens up prior to the start of practices.

May I volunteer to coach my child's team?
Yes! There is a link to the volunteer coaching application on our website. Please let us know if you would like to get involved.
May I coach a team even if I don’t have a child playing?
Yes! Please follow the instructions above.

What will my child need for practices/games?
Athletic wear and water bottle, mouth guard recommended for contact sports

- **Basketball:**
  - Basketball and athletic shoes
  - (Ball size: Pre K– 1st 27.5 in, 2nd-5th 28.5, 6th-12th boys 29.5, girls 28.5)
- **Outdoor Soccer:**
  - Soccer ball, shin guards and cleats
  - (Ball sizes: Pre-1st size 3, 2-3rd size 4, 4-5th size 5)
- **Volleyball:**
  - Volleyball, athletic shoes, and knee pads
- **Lacrosse:**
  - Lacrosse stick and cleats
- **Baseball:**
  - Glove and cleats
- **Flag Football:**
  - Cleats
- **Cross Country:**
  - Running shoes