

WHERE WE LIVE GREATLY IMPACTS THE QUALITY OF OUR LIVES.

It can determine our access to a quality education, our opportunities for career success, and our personal health.

AT THE Y, we believe everyone deserves the same opportunities regardless of their zip code, income, background, race or ability to pay. We're working tirelessly to bridge the divides.

Every dollar you donate helps:

- › **ENSURE ACADEMIC SUCCESS FOR ALL** by closing the achievement gap between high- and low-income families.
- › **PREVENT CHILDHOOD DROWNING** by ensuring everyone has access to water safety instruction and swim lessons.
- › **IMPROVE HEALTH OUTCOMES** by supporting programs that tackle chronic disease and help people achieve health and well-being at every stage of life.



AT THE Y, strengthening community is our cause. We work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.



GIVE TODAY ›
SOUTHSOUNDMCA.ORG



BUILDING BRIGHTER FUTURES TOGETHER

Your gift supports opportunities for all. ›



**SOUTH SOUND YMCA
THE Y.™ FOR A BETTER US.**

YOUTH DEVELOPMENT

Ensuring Academic Success for All

In 2019:

+2 months
average gain in
reading

83%
exhibited increased
self confidence

Students from low-income families are falling behind in education. Evidence shows that up to two-thirds of the academic achievement gap between high and low-income families is attributed to learning loss over the summer months.

\$1,000 builds
self-confidence for
one child in Power
Scholars Academy

› WHY GIVE?

You stop the summer slide in academics and ensure local kids gain the skills and confidence needed to start school in the fall ready to learn by supporting the Y's Power Scholars Academy.

SOCIAL RESPONSIBILITY

Preventing Childhood Drowning

In 2019:

5,532
swim lessons

\$8,500
in direct financial
assistance for
water safety

Drowning is the second-leading cause of accidental death for children ages 1-14, claiming the lives of three children each day.

\$50 saves
a life through
water safety

› WHY GIVE?

You keep kids alive by funding life-saving safety skills. The Y teaches over 5,500 swim lessons each year and with your support, we don't have to turn a family away if they're unable to pay.

HEALTHY LIVING

Improving Health Outcomes

In 2019:

46
cancer survivors
living stronger

90% of
participants showed
improvements in
strength, endurance,
flexibility, balance

We're dedicated to helping our community achieve health and well-being at every stage of life. From cancer survivor programs to weight loss support, we are fighting chronic disease, improving mobility and improving lives.

\$250
fosters hope for a
LIVESTRONG survivor

› WHY GIVE?

You foster hope by giving cancer survivors the tools, education, and support needed to get back on their feet through the LIVESTRONG program.

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